

PTERYGIUM PREOPERATIVE SURGERY

INSTRUCTIONS

7 Days Before Surgery, stop taking PLAVIX (if you are taking it). You may continue other anti-coagulant medications (ie. Coumadin) or anti-inflammatory medications (ie. Aspirin, Celebrex, Vioxx, Motrin, Advil). Tylenol is also permitted.

On Monday, 3 days prior to surgery, please stop any eye makeup or facial cream or moisturizers, and stop Vitamin E or any multivitamin containing Vitamin E.

On the morning of surgery, if you routinely take any oral medications in the morning, they should be taken in the usual manner. If you take diabetic medication, you should consult with your family doctor on the dosage to take the day of surgery. **Please do not eat anything for 8 hours before the procedure. You may drink clear liquids (water, apple juice, carbonated beverages, clear tea or black coffee) up to 2 hours before the procedure. Please bring all medications with you to the surgery center.**

After you arrive at the surgery center, you will change any clothing above the waist, and you will be given a gown. An intravenous will be placed in an arm vein. You will be asked to sign some papers, and more eye drops will be applied to your operated eye. A comfortable bed will be provided for you to lie down on, and you will be rolled into the operating room on this bed. We will usually give a mild short acting sedative through the intravenous to help you relax. We place a topical **anesthetic jelly** on both eyes which anesthetizes the eye for the surgery, and comforts the non-operated eye.

After you arrive in the operating room, your upper face will be cleansed with **betadine**, and a paper sheet will be placed over your face and upper body to isolate the operated eye and maintain sterility. A lid speculum will be placed on the eye in order to keep your eyelids open during the surgery. You will feel pressure on the eyelids from the speculum but no pain. You will then see a bright light from the microscope as the surgery begins. The light is initially bright but gradually dims. During the surgery, it is important to not talk unless absolutely necessary. You may sometimes feel water drops on the eye and slight momentary pressure. The procedure usually takes 15-20 minutes. An eye patch will be applied over the operated eye at the conclusion of the surgery. This patch will stay on until the next day. After the surgery, you will be brought to a post-operative area to change your clothing and prepare to leave. You will be given separate post-operative instructions prior to leaving the center.